

Certificate in Yoga Teacher Training 瑜伽導師訓練證書
 HS175A / 2275-2477AW
 YTT20

No.	Date	Yoga	
		9:00 - 14:00 & 15:00 - 18:00	
1	29/03/2025	8	
2	5/4/2025	5	IECSPORTSLAB
3	12/4/2025	5	IECSPORTSLAB
Holiday	19/4/2025	0	
4	26/4/2025	5	IECSPORTSLAB
5	3/5/2025	8	
6	10/5/2025	8	
7	17/5/2025	5	IECSPORTSLAB
8	24/5/2025	5	IECSPORTSLAB
Holiday	31/5/2025	0	
9	7/6/2025	8	
10	14/6/2025	8	
11	21/6/2025	8	
12	28/6/2025	8	
13	5/7/2025	8	
14	12/7/2025	8	
15	19/7/2025	8	
16	26/7/2025	8	
17	2/8/2025	8	
18	9/8/2025	8	
19	16/8/2025	8	
20	23/8/2025	8	Exam
21	30/8/2025	8	Exam
22	6/9/2025	8	Exam
23	13/9/2025	8	Exam
24	20/9/2025	8	Exam
25	27/9/2025	8	Exam
26	4/10/2025	5	
27	11/10/2025	5	
28	18/10/2025	5	
後備日	25/10/2025	0	
後備日	1/11/2025	0	
後備日	8/11/2025	0	
Total hours:		200	

Time: 9:00 - 13:00 & 14:00 - 18:00 (Every Saturday)

Venue: 1. 2208, 22/F,

Fortress Tower,
250 King's Road, North Point, Hong Kong

2. 1101 Sports Lab, 11/F

Island East Campus
494 King's Road, North Point, Hong Kong